

Welcomes visitors to Calistoga's Month long Wellness Celebration! This is a great way to kick off your New Year resolution to a healthier and happier you!



Two complimentary mineral baths (a \$130 value) or two complimentary mud baths (a \$150 value) at the Baths at Roman Spa.

The offer, valid January 3 through 31, is available on new reservations with advance booking of the "January Wellness Package" only.

Rates are \$250 per night mid-week (plus tax) and \$295 per night (plus tax) on weekends and include a total of two treatments per stay.

1-800-799-2284 for more information



**Women's Wellness Retreat
January 22nd through 24th
Mount View Hotel
1-800-816-6877**

Welcome reception with wine tasting and complimentary chair massage samples.

Variety of classes that weekend, from self defense to belly dancing, to help women slow down, relax, and focus on their health.

An overnight stay on Friday night with a spa treatment is only \$199 per person, and a Friday and Saturday night stay with spa treatment is only \$299 per person (based on double occupancy).

Prices include unlimited admission to all classes.



Celebrates Wellness Month in Calistoga!

- Plan your escape & reserve in advance any night in January to receive your choice of two complimentary mineral baths (a \$130 value) or two complimentary mud baths (a \$150 value) at The Baths at Roman Spa.
- Offer valid January 1st-31st 2010 on new reservations with advance booking \$150 plus tax per night mid-week and \$195 plus tax per night on weekends. Offer limited to a total of two treatments per stay.

BRANNAN COTTAGE

Beginning December 27, 2009 and running through January 31, 2010, Brannan Cottage Inn and the Baths at Roman Spa are celebrating Calistoga Wellness Month by teaming up to offer comfortable lodging, delicious breakfasts and either a luxurious Mineral Water Bath or authentic Calistoga Mud Bath (both 60 minutes) for two at the exceptional, discounted package price of \$200.00 per night (Sunday through Thursday nights) or \$225.00 per night (Friday and Saturday nights).

Stay any night at Brannan Cottage Inn during January 2010 at the standard room rate and receive an in-room facial at 50% off. We offer two options--the Mini Facial (15 minutes) or the Refresher Facial (45 minutes), as described in more detail in the "On-Site/In Room Massage" section on the "Specials and Packages" page on our website at www.brannancottageinn.com. Contact Doug or Judy at 707-942-4200 for further details.



Women's Wellness Week, January 10-14th

King room for one night: 2-50 minute massages, \$198 plus room tax Available Sunday-Thursday January 3-31, Based upon availability.

One room with 2 Queen beds (includes a full kitchen), Complimentary mud and/or mineral baths for each guest. Plus a \$20 discount off our Ultimate Bliss tip-toe treatment, \$20 discount on a Reiki session, \$140 per night plus room tax, based upon 2-person occupancy

There will be no fee lectures and classes offered. Several styles of Yoga, plus Watsu, Zumba, Pilates, Meditation, Qi gong, and mindful hikes. A great retreat for you and one you might share with your family or friends.

For day spa guests only, January 3-31: Enjoy our mineral rich warm pools, when you book a 50 minute massage, plus in addition you will receive a complimentary mud and/or mineral bath. A savings of \$75



STAY FOR 3 NIGHTS PAY FOR 2 NIGHT

**INCLUDES FULL BREAKFAST,
WINE & APPETIZERS**

2 Free Mud Baths at Roman Spa with any reservation

January 8th-11th

RATES: \$175-\$235 PER NIGHT PLUS TAX

Please Call: 707-942-6933 for more Information



With any stay during the month of January, receive two complimentary mineral baths (a \$130 value) or two complimentary mud baths (a \$150 value) at the Baths at Roman Spa, located just one block from Chelsea Garden Inn. The day of your treatment, you are also welcome to enjoy a soak in their soothing warm mineral rich pools. These pools are filled with natural geothermal hot springs mineral water directly from the source.

During your stay relax in your own private spacious suite and enjoy our wonderful full breakfast and afternoon hors d'oeuvres. Includes the mudbath or mineral bath for 2 and use of the Roman Spa mineral pools on the day of your treatment and Complimentary wine tastings at 2 nearby wineries. Midweek rates start at \$175/nt and weekends start at \$195/nt, based on single or double occupancy.

Please call 707-942-0948

